

How to Use a Nebulizer



NEBULIZERS are a good way to give asthma medication to young children or anyone who has trouble using an inhaler. To give your child a nebulizer treatment, **follow these steps:**

1. Place the compressor on a sturdy, level table. Attach one end of the tubing to the compressor.
2. Attach the other end of the tubing to the bottom of the nebulizer cup.
3. Attach the mouthpiece and fill the small nebulizer cup with the medication your health care provider has prescribed for your child.
4. Turn on the compressor and make sure there is mist coming from the nebulizer cup.
5. Have your child sit up straight. Put the mouthpiece into her mouth behind her teeth. She should breathe normally through her mouth until all of the medication is gone.

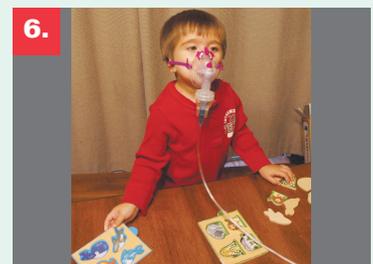


During the treatment encourage your child to take a deep breath.

Each treatment should take 5-10 minutes.

6. If your child is using a mask, attach the mask to the nebulizer cup and place the mask over the child's mouth and nose.

Have him breathe normally through his mouth. It is important to keep your child calm with a video, puzzle or game while taking his nebulizer treatment.



This is general information. Read the instructions that come with your nebulizer and follow them carefully. Also ask your health care provider to show you how to use the nebulizer that has been prescribed for you or your child, and to watch you use it.