

# Avoid Tobacco Smoke

- Provide a smoke-free environment inside the facility and on the playground.
- Keep vehicles used to transport children smoke-free.
- Encourage parents to reduce children's exposure to secondhand smoke.
- Smokers should wear "smoking garment" if there is a designated smoking area outside of the building.

## From the Surgeon General's Report on Secondhand Smoke:

- There is *no* safe amount of secondhand smoke. Breathing even a little secondhand smoke can be dangerous!
- Separate "no smoking" sections **DO NOT** protect you or children from secondhand smoke. Neither does filtering the air or opening a window.
- Don't allow smoking near doorways and entrances.

**NJ Quitline 1-866-NJSTOPS**



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