Healthy Kids Learn Better, School Nurses Make it Happen!

Does your child have asthma? The school nurse needs to know!
Your child may have asthma if he or she has experienced any of the following:

- persistent cough
- wheezing
- shortness of breath
- complaints of not being able to breathe
- coughing during exercise
- waking at night due to breathing problems or cough

If your healthcare provider told you your child has seasonal asthma or reactive airway disease, tell your school nurse!

If the school nurse does not know about your child’s asthma, the school nurse can’t help!

What You Can Do
- Let the school nurse know your child has asthma
- Give the school nurse an updated Asthma Treatment Plan every year
- If you suspect your child has asthma, talk with your health care provider and the school nurse
- Visit this website for free asthma information: www.pacnj.org

If your child says they can’t breathe, BELIEVE, RESPOND, AND TREAT THEM!