

May Mondays Make Breathing Easier

An Asthma Resource Handout Every Monday in May in Celebration of Asthma Awareness Month

Happy Asthma Educator Day!

The Association of Asthma Educators is celebrating their **First Annual Asthma Educator Day today, May 4, 2009**. Asthma Educators are nurses, nurse practitioners, respiratory therapists, physicians, social workers, pharmacists, and physician assistants who are trained to educate, encourage, and empower people with asthma. For more information visit their website at www.asthmaeducators.org. And thank an Asthma Educator today!

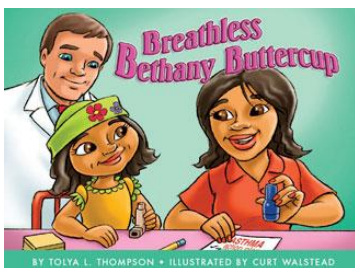
Association of Asthma Educators



Newark Public Schools Receive the US Environmental Protection Agency's Indoor Air Quality (IAQ) Tools for School National Excellence Award

Realizing the importance of IAQ for each of the district's 42,000 students and 7,500 teachers and staff, Newark Public Schools implemented the IAQ Tools for Schools Program and developed an individualized IAQ plan for each of its schools. The district held special training sessions in conjunction with the Pediatric/Adult Asthma Coalition of NJ to facilitate the implementation of the program. Congratulations! **Do the schools in your district qualify?** To learn about the EPA Indoor Air Quality Awards go to:

<http://www.epa.gov/iaq/schools/awards.html>



Have you met Breathless Bethany Buttercup?

Allergy & Asthma Network Mothers of Asthmatics (AANMA) has a new book, *Breathless Bethany Buttercup*, available free at

<http://www.breatherville.org/> while supplies last.

Bethany Buttercup is a happy-go-lucky girl with lots of friends. Together they share neighborhood adventures from morning to night — except when asthma symptoms slow her down. Bethany has asthma. This jewel of a children's book was written by Tolya Thompson as part of a partnership project between AANMA and Schering-Plough.

SIGN UP TODAY + AMERICAN LUNG ASSOCIATION IN NEW JERSEY

FOR THE 1st ANNUAL HUNTERDON COUNTY



SATURDAY, MAY 16, 2009
Liberty Village Premium Outlets,
Flemington, NJ

Registration Begins @ 9:00 AM
5K Walk Step-Off at 10:00 AM



joins the + AMERICAN LUNG ASSOCIATION

in their fight to save lives by improving lung health and preventing lung disease.

**Refreshments, Entertainment & Activities
Families, School & Youth Groups
& Corporate Teams Welcome!!**

To Register online ~
hunterdoncountynjwalk.lunginfo.org

Questions? ~
Tom Fogg ~ tfogg@lunginfo.org
908-687-9340 ext. 304