

The Henry J. Austin Health Center Asthma Improves with Management (AIM) Program



Meet Henry

Henry started having asthma problems a year ago. His mother, Reina, was trying to get his asthma under control but ended up taking him to the emergency room. It was there that she learned about the AIM program and enrolled. Both Henry and Reina received the information they needed to understand how to manage his asthma and keep it under control and they successfully graduated from the AIM program.

"Henry has become more active and can play outside more" said Reina. "We made changes like no smoking in the home, getting rid of our rabbit and plants and we use the pillow covers provided. We have had no more emergency room visits."

Meet Margaret Vasil, LPN, AE-C

Margaret is a Certified Asthma Educator and provides families with the education, resources and support to complete the AIM Program. AIM is a free pediatric asthma management program offered through the Henry J. Austin Health Center in Trenton. Families can enroll in the program even if they do not receive their health care from the Center. All the AIM visits and materials are provided bilingually.

According to Reina, "The AIM program was very informative. If you are willing to learn about asthma and make the necessary changes, life will improve for everyone in the family."

Funding for the AIM program is provided by the NJ Department of Health and Senior Services, Office of Minority and Multicultural Health.

For more information about the program call: (609) 278-5910

